

THIS WEEK'S VIRTUAL EVENTS

January 17-21, 2022

All Events will be hosted on the Zoom app

zoom.us/j/4390713470

password: Arrow

Monday, Jan. 17

10:30 am Name that Tune with Mary

2:30 pm History with Tony Stephenson: The Roman Republic

Tuesday, Jan. 18

9:45 am Fitness with Michelle

1:00 pm Virtual Bingo

Wednesday, Jan. 19

9:45 am BalloFlex with Jani

2:00 pm Bible Study with Duane Praschan

All times in Central Standard Time

Zoom events will be recorded and select events will be published at ArrowSeniorLiving.com

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January 17-21, 2022

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password: Arrow

Thursday, Jan. 20

9:45 am Music and Movement

2:00 pm Bingo Shopping Spree

Friday, Jan. 21

1:00 pm Trivia with Rachel

All times in Central Standard Time

Zoom events will be recorded and select events will be published at ArrowSeniorLiving.com